

# WEEKLY EVENTS 2.6. – 10.6.2018



Saturday 2.6.	10 am - 2.30 pm	<b>SÜDTIROL BALANCE AVENTURES: mindfulness hike – training the senses through intense experience and movement in the nature</b> - ① within 6 pm previous day
	10 am	<b>E-bike tour</b> infos and booking by ahrntalaktiv phone + 39 0474 771489
	9 pm	<b>"Summo Feschtl"</b> – party with live music - Pub Brugghof in Kematen/Caminato
Sunday 3.6.	10 am	<b>Holy Mass</b> in german language, <b>Corpus Christi procession</b> and afterwards <b>morning concert</b> in Mühlwald/Selva dei Molini
		• <b>Holy Mass</b> in german language, <b>Corpus Christi procession</b> in Lappach/Lappago
		• <b>Morning concert</b> of the Ahornach/Acereto hunters band in Ahornach/Acereto
Monday 4.6.	10 am - 1 pm	<b>SÜDTIROL BALANCE AVENTURES: chillout in the mountains from Ahrntal/Valle Aurina – stress-free through conscious breathing</b> in german language – booking +39 348 3042011 within 6 pm previous day
	10 am	<b>Modern technical bike training:</b> for beginners and advanced – infos and booking by ahrntalaktiv phone + 39 0474 771489
	3-6 pm	<b>Guided easy herb walk</b> with ☀ free of charge – booking +39 348 5502843 (only in german and italian language)
Tuesday 5.6.	8 am - 9.30 am	<b>Yoga</b> in the Hotel Feldmilla Sand i. T./Campo T. – informations and booking tel. +39 0474 677100 – <b>even</b> friday 4.30 pm – 6 pm
	8.30 am	<b>Hiking in the Nature Park:</b> guided tour medium difficulty; Kasern/Casere – Tauernalm – Kasern/Casere - with ☀ free of charge ①
	9 am - 2 pm	<b>SÜDTIROL BALANCE AVENTURES: the walking-school – learn to walk for adults</b> in german language - ①
	10 am	<b>Cabins and glaciers – High trail of Rein/Riva:</b> guided walk - infos and booking by ahrntalaktiv phone + 39 0474 771489
	10 am	<b>BikeCastleRope – family bike tour</b> – duration 4 hours, easy, infos and booking by ahrntalaktiv phone + 39 0474 771489
	10 & 11 am	<b>Carriages ride</b> at the "Obergruberhof" St. Peter/ S. Pietro; subsequently farm sightseeing phone +39 339 5758918; even thursday
	2.30 pm - 4 pm	<b>Summer Biathlon:</b> shooting exercises with biathlete Barbara Ertl in Rein in Taufers/Riva di Tures ①
	4 pm - 6 pm	<b>Bowling</b> at Hotel Adler in St. Johann/S. Giovanni - with ☀ only 2,50 € - ①
	5 pm	<b>Visit to the sheep wool museum</b> - ①
Wednesday 6.6.		• <b>Sightseeing Tour: Venice</b> - booking travel agency SERBUS phone +39 0474 676500
	8 am - 2 pm	<b>Market in Mühlen in Taufers/Molini di Tures</b>
	9 am - 12 am	<b>SÜDTIROL BALANCE AVENTURES: forest bathing – at the power source of the nature</b> in german language - ①
	10 am - 2 pm	<b>Holistic Kneipp experience</b> – easy walk in Weißenbach/Rio Bianco or St. Jakob/San Giacomo - with ☀ free of charge – ①
		• <b>Guided visit of the dairy with tasting session</b> at the <b>Goasroscht</b> in Winkel/Cantuccio by Sand i. T./Campo Tures – booking until 10 am tel. +39 0474 678687 (only in german or italian language)
Thursday 7.6.	6.30 am-1.30pm	<b>Observe wildlife</b> – guided hiking tour of medium difficulty -- with ☀ free of charge – ①
	9 am - 2 pm	<b>SÜDTIROL BALANCE AVENTURES: Self – sufficiency for body, mind and soul – how mother nature nourishes people</b> in german language - ① within 6 pm previous day
	10 am - 2 pm	<b>Just breathe:</b> Pleasant walk to the waterfall - with ☀ free of charge – ①
	2.30 pm - 6 pm	<b>Farmer's market</b> – Tubris centre Campo Tures/Sand in Taufers
	4 pm - 5.30 pm	<b>An insight into organic farming and mil processing</b> in Steinhaus/Cadipietra at the <b>Moserhof</b> - with ☀ € 5 - ①
Friday 8.6.		• <b>Sightseeing Tour: Big Dolomite Trip</b> - booking travel agency SERBUS phone +39 0474 676500
	8.20 am	<b>Theme hike „Power of Water“</b> with Georg: rustic and close to nature. Walking time 4-5 hours ①
	10 am	<b>Discovering the village of Mills:</b> guided walk in german or italian language – in Mühlen/Molini - with ☀ free of charge – ①
	10 am & 1 pm	<b>Try out course of rock climbing</b> in Ahornach/Acereto - infos and booking by ahrntalaktiv phone + 39 0474 771489
	3 pm - 5 pm	<b>SÜDTIROL BALANCE AVENTURES: Yoga on the mountain lake – regain strength in the free nature</b> in german language - ① within 6 pm previous day
	8.30 pm	<b>musiKultur Taufers: Concert with the Vocal Art Brixen – Anton Heiler, vespers</b> in the parish church Taufers/Tures
Saturday 9.6.	10 am - 2.30 pm	<b>SÜDTIROL BALANCE AVENTURES: mindfulness hike – training the senses through intense experience and movement in the nature</b> - ① within 6 pm previous day
	10 am	<b>E-bike tour</b> infos and booking by ahrntalaktiv phone + 39 0474 771489
	7 pm	<b>Herbs &amp; weeds – theme menu at the Hotel Drumlerhof Sand i. T./Campo T.:</b> aperitif – dinner – live music; <b>5 course menu included wine accompaniment</b> 59,00 € phone +39 0474 678068
Sunday 10.6.		• <b>Sightseeing Tour: Lake Gardasee – Garda &amp; Sirmione</b> - booking travel agency SERBUS phone +39 0474 676500
	8.30 am	<b>Opening Via Ferrata Speikboden:</b> free rental of the Via Ferrata sets, price reduction for the cableway: 10 € under 16 years free
	1.30 pm - 5 pm	<b>SÜDTIROL BALANCE Highlight: Walken &amp; Jogging</b> with move analysis – info and booking tel. +39 340 4708978
	2 pm	<b>Guided tour through the ropeway technology</b> at cableways Speikboden – info and booking tel. +39 0474 686552
	8.30 pm	<b>Evening concert</b> of the music band Mühlen in <b>Mühlen in Taufers/Molini di Tures</b>
	8.30 pm	<b>Evening concert</b> of the music band Lappach in <b>Lappach/Lappago</b>
		<b>Castle Taufers</b> · daily visits at 10 and 11 am – 2 – 3.15 and 4.30 pm in german and italian language
		<b>Nature Park House Sand in Taufers/Campo Tures</b> – open Tuesday – Saturday 9.30 am – 0.30 pm and 2.30 pm – 6 pm
		SPECIAL EXHIBITION "In the realm of stones" - free admission!
		<b>Sheep Wool Museum</b> in Campo Tures/Sand in Taufers
		open from Monday to Friday 3 – 6 pm; Saturday 2 – 5 pm
		<b>Mueum „Power of Water“</b> in Lappach/Lappago – fascinating water: learn more about water
		Open Tuesday from 10 am – 1 pm and Friday an Sunday from 2.30 pm – 5.45 pm
		<b>Mineral Museum Mineralis</b> in Campo Tures/Sand in Taufers
		open from Monday to Friday 9 – 12 am and 3 – 6 pm; Saturday 9 – 12 am
		<b>Nativity Scene and Folk Art Museum</b> Maranatha in Lutago/Luttach · www.krippenmuseum.it
		open from Monday to Saturday 9 – 12 am and 2 – 6 pm; Sunday 2 – 5 pm
		<b>Mineral Museum Kirchler</b> in S. Giovanni/St. Johann · www.mineralienmuseum.com
		open daily 9.30 – 12 am and 2 – 6.30 pm
		<b>Grain Store Mining Museum</b> in Cadipietra/Steinhaus · www.bergbaumuseum.it
		open Tuesday – Sunday 12 am – 5 pm
		<b>Copper-Mine Museum Prentau</b> · www.bergbaumuseum.it
		open Tuesday – Sunday 9.30 am – 4.30 pm · registration is recommended tel. 0039 0474 654298